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"Sharon was absolutely wonderful helping me buy my first home. She was kind and attentive throughout the entire process. From our first conversation until long after closing, she went above and beyond for us. I absolutely recommend Sharon for your home buying and selling needs." - Hannah B

Bloomfield Messenger

Bloomfield's own weekly newspaper

Mav 16, 2025

www.BloomfieldMessenger.com

Priceless 12 pages



Photos: (left) Duncaster Resident, Dr. Marie Spivey receives Bloomfield's official coin from Town Manager Alvin D. Schwapp, Jr. (right) Duncaster President & CEO, Kelly Smith-Papa and Dr. Trisha Bailey

By Kelly Pappa

President and CEO, Duncaster, Inc. In Bloomfield, we understand that strong communities are built on strong relationships. When neighbors, leaders, and

changemakers come together, not only are lives transformedbut entire communities thrive. Two remarkable individuals-Town Manager Alvin Schwapp,

See **DUNCASTER** page 6







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We believe that healthcare practices play a vital role in our communities, and we're committed to helping them grow! Looking to expand or acquire a healthcare practice? See what we can offer!



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This issue's Art & Events feature on page 11 is sponsored by



A LifeCare Retirement Community www.Duncaster.org 860-560-1923

May 16, 2025

FINANCIAL FOCUS

BE ALERT FOR CAREGIVER FINANCIAL ABUSE



Dan Gilligan Edward Jones 697 Poquonock Avenue Windsor, CT 06095 860-219-9564 www.edwardjones.com

Do you have a parent or other elderly relative who may soon need a caregiver? If so, be diligent when selecting the right person for the job because choosing the wrong one could lead to big financial problems.

You might find a close family member or friend to serve as caregiver — someone who is honest and trustworthy, with good judgment and strong money management skills. However, in many cases, people hiring caregivers just don't know how they'll perform until



the caregivers have begun work.

So, if you enlist a caregiver and begin having doubts about them, you'll need to watch out for these warning signs of possible financial abuse:

• Efforts to prevent the individual receiving care from speaking to family members

• Inquiries into the location of estate-planning documents, such as a will

• Interest in brokerage and retirement accounts, possibly with the intent to change transfer-on-death designations

• Withholding financial or medical information from the family

• Missing jewelry or property

• Requests to be a joint holder on bank or brokerage accounts, sometimes followed by large cash withdrawals paid to the caregiver

• Request for legal authority, such as a financial power of attorney naming only the caregiver

This last item – the request for financial power of attorney, or POA – is particularly concerning because of the scope of duties covered by this type of authority. That's why it's so important that all family members understand what a financial POA can and cannot do.

A general financial POA provides the agent with the authority to act on behalf of an individual's finances, while a limited financial POA gives the agent the authority only for certain actions, such as paying bills, making withdrawals and opening or closing bank accounts. A general financial POA and a limited financial POA both can be durable, which means they take effect once executed, or springing, which is contingent on a specific event, such as a physical illness, mental incapacity or even a hospitalization.

Unfortunately, some POA agents have abused their responsibility by stealing money, making unauthorized transactions and even attempting to change the beneficiary designations on retirement accounts or insurance policies owned by the people for whom they provide care. These beneficiary designations can even supersede the instructions left in a will or living trust - and they can't be changed by a financial POA.

If you suspect financial abuse by a caregiver, you can consider contacting your loved one's financial advisor or attorney, if you know who it is. While they can't share information with you, they can check for red flags and contact your loved one directly. You also can get help from your state government. The National Adult Protective Services Association (NAPSA) provides a listing of offices in each state at napsanow.org/help-in-your-area.

Finding a caregiver for a parent or other elderly relative can be emotionally difficult — but it doesn't have to be financially draining. Get to know the caregiver if you can and watch for any red flags, so you can take comfort in knowing that your loved one's finances are in good hands.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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May 16, 2025

LOCAL BUSINESS

ICARE CELEBRATES NATIONAL SKILLED NURSING CARE WEEK

By David Skoczulek iCare Vice President of Business Development and Communications

From May 11th to 17th, 2025, iCare Health Network proudly joins the nationwide observance of National Skilled Nursing Care Week (NSNCW aka Nursing Home Week), following the American Health Care Association's theme, "Tapestry of Life." This year's theme emphasizes the "vibrant, diverse experiences of residents in skilled nursing facilities-each individual a unique thread contributing to a rich and interconnected community."

At iCare centers across New England, Nursing Home Week is a time to spotlight the residents whose lives, histories, and daily moments define the heart of skilled nursing care. Whether they are long-term residents or rehabilitation short-term patients, each person brings a story shaped by family, career, service, and resilience. These stories are honored not only through care but through companionship, activities, and a strong sense of belonging.

Residents often form deep



relationships with fellow residents and staff, building a sense of home and continuity. Daily interactions—whether during meals, therapy sessions, or recreational activities—form a social fabric that supports emotional and mental well-being. NSNCW offers an opportunity to celebrate this fabric, highlighting how the journey of aging can be filled with dignity, connection, and joy.

This week is about residents, their families and loved ones and the talented and committed staff. While the week also acknowledges the essential role of caregivers and staff, the focus remains on the lived experi-



ences of residents—their milestones, wisdom, and the vibrant contributions they make to their communities. Activities during the week are designed to reflect resident interests and honor their individuality.

As NSNCW 2025 unfolds,





iCare Health Network reaffirms its commitment to person-centered care and celebrates the residents at the heart of its mission—individuals whose lives form the beautiful tapestry of skilled nursing care.

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Summer is almost here! Time to put in storage the winter stuff!

May 16, 2025

PATRIOTIC ORGANIZATIONS

BETH WITHAM ELECTED CONNECTICUT DAR STATE TREASURER





American Flag

A Fun Interactive

Storytime and Craft!



Fun for Memorial Day, Flag Day, Fourth of July, Parades

Wed., May 21 at 6 p.m. ages 6 - 9 Windsor Public Library, 323 Broad St. Registration 860-285-1910



Post #59 AMERICAN LEGION



There's a place for you here

Are you seeking hope in community? Old St. Andrew's Episcopal Church is here for you. We find God's Spirit in connection with one another through compassion and service. Let us know how we can walk with you.







Creative Mind Workshops

with Megyn Craine, MFT, BFA

Monthly Meetings - next meeting Friday, May 23rd 6-7:30 p.m. \$20 suggested donation per person - includes all materials

This evening workshop combines mindfulness and self-expression to help guide you from your thinking mind into your creative mind. Come play in this "kindergarten for adults," where we'll use artistic tools without judgment, and practice being present for the pure enjoyment of be-ing





Windsor resident Beth A. Witham, a member of the Wolcott Ellsworth Abigail National Society Chapter, Daughters of the American Revolution, was elected to the position of Connecticut DAR State Treasurer at their State Conference held on April 5.

Beth joined the DAR in December of 2004 and has served as chapter registrar, chapter treasurer, chapter vice regent, and chapter regent. She previously served as CTDAR State Treasurer from 2013 -2016. Beth graduated from the University of New Hampshire with a BS in Business Administration, and the University of Southern Maine with a BS in Accounting and has been employed in this field for over 30 years.

The DAR is a volunteer women's organization headquartered in Washington, D.C. dedicated to promoting patriotism, education, and preserving American history. For more information visit abigailwolcottellsworthdar.org

(Excerpts and photo from CTDAR Connections Magazine, Winter 2025)

WINDSOR LOCKS AMERICAN LEGION TO HOST LAST BREAKFAST OF THE SEASON, JUNE 1



Gensi-Viola Post No. 36, The American Legion of Windsor Locks will host their last of the winter season Family Pancake Breakfast on Sunday, June 1st, 2025 at Memorial Hall, 1 South Main Street. *WE ASK that you bring donations of new - in the package - TOILETRIES FOR OUR VETERANS!

All members of the Post. Auxiliary and Families as well as all area Veterans are welcome.

The menu includes Pancakes or French Toast, Sausage, Juice, Coffee, and Tea.

The cost is \$5.00 for adults, per person and \$4.00 for Children, per person, under the age of 12.

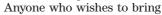
Breakfast will be served from 8:30 am until 11:00 am.

We hope you will enjoy the meal and socialize with others. See you Sunday, September 7th, 2025!

FLAG RETIRING CEREMONY, JUNE 14

Gensi-Viola Post 36 of Windsor Locks will have their annual ceremony on Flag Day, Saturday, June 14th, 2025, at Veterans Memorial Park at 7:00pm.

Worn Flags will be destroyed by burning in a dignified manner in the fire pit constructed by Travis Brown, a Boy Scout of Troop Number 263 to gain the status of Eagle Scout.



a worn Flag to the ceremony must do so before 6:45pm.

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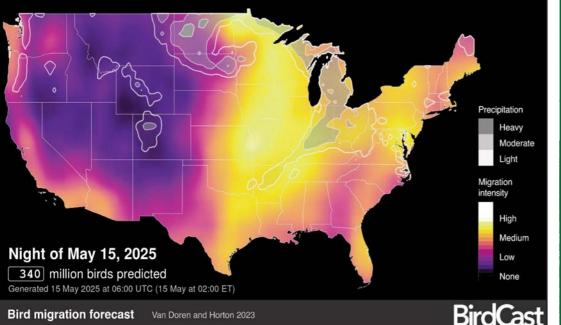
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GREEN LIFE

KEEP YOUR LIGHTS DOWN - MIGRATION 'LIGHTS OUT' ALERT THIS WEEKEND!

TREES FOR BLOOMFIELD



Bird migration forecast

Van Doren and Horton 2023

Please join us in honoring the memory of David

passionate believer in bringing our community

passed away on April 27th. David was a

Mann, former Deputy Mayor of Bloomfield, who

By Paula Jones

Chair, Bloomfield CEEC The bird nightly migration forecast for this weekend in Connecticut area is "HIGH."

Migrating birds regularly fly up to 10,000 feet above the ground, so although we won't be able to see this phenomenon (except with radar!), there will be a lot of activity above us in the night

sky. Please help our feathered friends safely reach their summer destinations by turning off all unnecessary outdoor and indoor lighting between 11pm and 6am.

For more information about bird migration in Connecticut, here are two good websites:

BirdCast https://dashboard.birdcast.info /region/US-CT

and

Lights Out Connecticut https://www.lightsoutct.org



5

June 1 - October 22, 2025

2024 Winning Photos, Clockwise from left: "Triumvirate Strength" by Susan White; "Holding On" by Danielle Morander "Kaleidoscope of Color" by Catherine L. Pepin; and "Yellow Fellow" by Sela Whyte



BLOOMFIELDCT.GOV/TFBPHOTOCONTEST2025

Honor trees and increase awareness of the benefits they provide for now & the future. Open to Bloomfield residents and visitors of all ages. Photos must be taken in Bloomfield, with winning photos displayed in prominent locations in town.

Co-sponsored by the Bloomfield Public Art Commission



together for the better good. Let's all come together to make a positive impact on the town he loved so much. https://tinyurl.com/2p9CleanUpDat GROUPS: Register at re **Meet at 330 Park Avenue Bloomfield** 1000008 9:00am-Noon Little Effort, A Big

Impact!

FROM SERVICE TO SUCCESS: THE POWER OF BUILDING COMMUNITY RELATIONSHIPS



From Front Page

Jr. and business trailblazer Dr. Trisha Bailey—embody this spirit of connection, trust, and collective empowerment. Their journeys reflect what's possible when service and purpose fuel a deep commitment to people.

A Servant Leader with Local Roots

Alvin Schwapp, Jr., Bloomfield's Town Manager, represents the very best of public service. A first-generation American of Jamaican and Guatemalan descent, Al was born in New York, raised in Hartford, and made Bloomfield his home in 1979. Over the years, he has earned the community's trust through steadfast leadership and heartfelt dedication.

With a distinguished career that includes over 30 military

Photos: (left) (from left, back row) : Breeana Sisson-Williams, Marketing Specialist, Dr. Marie Spivey, Resident Marc Zirolli, VP Sales & Marketing, Town Manager, Alvin Schwapp, Jr., Resident Sally Richter (middle front, to the right) TM Kelly Papa, President & CEO, Deputy Town Manager, and Sharon Howe. Ami Desai, C.O.O., Kadeen Blanchard, HR Generalist, Tyrique Lindo, Marketing Ass't, Joanne Barrows, Executive Assistant. (right photo) Kadeen Blanchard, Dr. Trisha Bailey & Joanne Barrows

and civilian leadership roles, Al served as Executive Officer in a Civil Affairs Company during Operation Iraqi Freedom in Baqubah, Iraq. He later rose to the rank of Colonel in the U.S. Forces Army Command (FORSCOM), where he demonstrated integrity, discipline, and a passion for public service. In the summer of 2024, he retired from active duty to focus fully on his family and his beloved Town of Bloomfield.

Today, Mr. Schwapp brings a strategic vision, collaborative mindset, and unwavering compassion to Town Hall. He is committed to building bridges across departments, neighborhoods, and generations—working daily to make Bloomfield a safe, inclusive, and thriving place to live and grow.

A Local Heroine

Bloomfield also proudly celebrates one of its most inspiring daughters from the Hartford Region with very close ties to Bloomfield - Dr. Trisha Bailey, a global entrepreneur and philanthropist whose journey from trauma to triumph she articulates in her bestselling memoir, Unbroken, The Triumphant Story of a Woman's Journey, has captivated audiences around the world. Of proud Jamaican heritage, Dr. Bailey's deep community roots are reflected in her family's connection to Duncaster-where her mother

once worked with care and compassion. Dr. Bailey often credits her mother and Grandma Rose for instilling in her the strength, resilience, and grace that helped her rise to extraordinary heights.

Today, Dr. Bailey is the wealthiest woman in Jamaica and one of the most successful female business magnates in the United States, with ventures spanning healthcare, retail, real estate, and beyond. Yet her greatest pride may be her role as a giver. Through her philanthropic work, she has impacted education, mental health, youth development, and underserved communities both locally and globally.

Duncaster, Bloomfield's beloved senior living community, was proud to be present at Dr. Bailey's induction into the UCONN Business Hall of Fame and most recently celebrated the groundbreaking of the Bailey Student Athlete Success Center-a monumental investment in youth potential and collegiate achievement. To have hosted both Dr. Bailev and Mr. Schwapp is a true honor for Duncaster and a point of pride for the entire town.

Bloomfield: Stronger Together

The lives of Alvin Schwapp, Jr. and Dr. Trisha Bailey reminds us that real leadership is about relationships—about listening, serving, and working side by side. Their examples demonstrate that the heart of Bloomfield lies not in any one institution or initiative, but in our people, united by trust, service, and shared dreams.

As we look to the future, let's continue to nurture these connections. From Duncaster to Downtown, from older adults to student-athletes, Bloomfield is stronger when we stand together.

OUTDOOR TRACK AND FIELD TEAMS UPDATES/RESULTS

From Next Page this event.

On Wednesday, May 7 the Bloomfield Mens and Womens 2025 Outdoor Track and Field teams defeated their respective Farmington rivals in a CCC track and field meet held in Bloomfield.

The Warhawks Mens team won a combined total of 12 individual specialty and relay events in defeating the Farmington Mens team 96-45 while the Warhawks Womens team won a combimed total of nine individual specialty track and field events in defeating the Farmington womems team 82-62

Bloomfield Mens First Place Winners

Mens 100m - Tri-kel Delaire; Mens 400m -Jahiem Lawrence; Mens 800m - Daylin McKim; -Mens 110m hurdles - Delante Senior; Mens 300m hurdles -Delante Senior; Mens 4X100 relay - Zakai Chacon, Zakyi Kimber, Tri-kel Delaire, Zion

Banton: Mens 4X400 relay Lawrence. Jahiem Jessie Singleton, Sergio Rose Jr., Delante Senior (photo) - Mens 4X800 relay - Charles Fennell, Nehemiah Raphael-Adams. Daylin McKim, Deshon Johnson; - Mens Shot Put - Khile Francis; - Mens Discus - Khile Francis; -Mens High Jump - Jessie Singleton Jr.; - Mens Long Jump - Jessie Singleton;

Bloomfield Womens First Place Winners

Womens 200m - Caleah Baker; Womens 110m hurdles -Vanessa Agyemang; - Womens 300m hurdles - Vanessa Agyemang; - Womens Shot Put -Payton Sirdine; - Womens Discus - Payton Sirdine; -Womens Javelin - D'Asia Duncan; - Womens High Jump -Taylor Jackson; Womens Long Jump - D'Asia Duncan; -Womens Triple Jump - April Nathaniel;

Next Week's track and field schedule

Tues. May 23@3:45pm -Simbury (women and men) at Bloomfield (women and men).

AN ART EXHIBIT NOT TO BE MISSED!

By Bob Firger Chair, Bloomfield Public Art Commission

Don't miss your chance to see something extraordinary. Only two more weekends to go!

The show, "The Panorama of Connecticut Industry" by Bloomfield resident artist Michael Borders opened to acclaim on the weekend of May 2nd to 4th at the Oliver Filley House and its unique barn at the scenic La Salette Open Space park. Presented by the Bloomfield Public Arts Commission, at 130 Mountain Ave. Bloomfield, the impressive exhibit, monumental in scale and scope has received unqualified praise from the more than one hundred visitors to date.

Open to the general public, free of charge, the exhibit has attracted Bloomfield residents and fans of art, sociology and history from many neighboring towns.

With limited opportunities remaining to take in this amazing product of the artist's research and artistic talents spanning 25 years, we encourage you to put this on your itinerary. It is open on the following May weekends: May 17-18 and 24-25 from 12:00 noon to 4:00pm each day. The artist Michael Borders is in attendance to give the history of his artistic endeavor as well as detailed explanations of the documentary aspects of the paintings.

Photo: (from left) Bloomfield Town Manager Alvin D. Schwapp, Jr. taking in the show with his wife Elby Gonzalez-Schwapp and the artist Michael Borders.



CONGRATULATIOSN TO BLOOMFIELD SCHOOLS' 2025 TEACHERS OF THE YEAR!



Marissa Mancini

Richard Michaud

On May 2, Bloomfield Public

These outstanding educators

Schools proudly announced the

were selected by the staff at

their respective schools, recog-

nized by their peers for the pas-

sion, dedication, and excellence

they demonstrate in their class-

rooms and school communities

congratulating the following

educators, each named Teacher

Wintonbury Early Childhood

Melanie Gabel - Laurel

Anne Pyatt - Metacomet

Jeanne Pascon - Carmen

Richard Michaud - Global

Lori Doll - Bloomfield High

"On behalf of the Bloomfield

Public Schools, congratulations

to our Teachers of the Year!"

Superintendent of Schools Dr.

Tracy A. Youngberg. "Our 2025

Teachers of the Year embody

Arace Intermediate School

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of the Year for their school:

Please join the district in

Mancini

Bessette

Bloomfield

each day.

Marissa

Magnet School

Literacy Academy

Elementary School

Matthew

said this week

School

2025 Teachers of the Year.



Melanie Gabel



Anne Pyatt





Matthew Bessette

BLOOMFIELD TRACKS TEAMS AT THE MIDDLETOWN VARSITY T/F INVITATIONAL

Jeanne Pascon

By Woodrow Dixon

Last Saturday, May 3, the School Bloomfield High Warhawks girls and boys outdoor track teams competed against 49 other high schools at the Middletown Varsity Track and Field Invitational held at Middletown High School.

Bloomfield girls track standout, Saphyr Brown (right), had an outstanding Invitational capturing first place finishes in the Womens 100m dash, the Womens 100m hurdles and the Womens Long Jump.

She also placed second in the Womens 100m dash, and she was a member of the second Women place Warhawks 4X100m relay team.

Meanwhile Khile Francis led the Bloomfield Boys team with two top five finishes, placing third place in the Mens Shot Put and finishing fourth in the Mens Discus.

Following are results for both Bloomfield outdoor track teams.

By Woodrow Dixon

Team will be holding a two day

ThrowHawks Series event that

kicks off this afternoon Friday,

May 16 at 4:00 pm at the high

ThrowHawks Series event will

begin tomorrow morning,

Saturday, May 17 at 9:00 am

with athletes checking in fol-

lowed by warm ups prior to the

start of day two of competition.

noon May 14, the Bloomfield

Warhawks Womens and Mens

Outdoor Track teams dominat-

ed the visiting Northwest

Catholic Lions Womens and

Mens Outdoor Track Teams in a

This past Wednesday after-

The second day of the

school.

The Bloomfield Mens Track



Womens 100m 2. Saphyr Brown (12.12), 4. Nacquelia Fletcher (12.28); Womens 400m 2.Janiya Barclay (57.61),6.Soleigh Dixon (58.85); Womens 100m hurdles 1.Saphyr Brown (14.15), 2.Vanessa Agyemang (14.39); Womens 400m hurdles 1.Saphyr Brown (43.40),

BLOOMFIELD MENS AND WOMENS OUTDOOR TRACK AND FIELD

2.Vanessa Agyemang (45.38);

Womens 4X100m relay 2.Taylor Jackson, Saphyr Brown, Caleah Baker, Nacquelia Fletcher (48.08);

Womens Varsity Discus (107-04),6.Imani Cain 8.Kimbrae Miller (104-06),10.Morgan Powell,(96-00); Womens Long Jump

1.Saphyr Brown (18-00.00) 2.Vanessa Agyemang (17-09.00), 3.Indya Norman (17-05.50), 4.April Nathaniel (17-50.00);

Mens Shot Put

3.Khile Francis, (52-11.00), 9.Dorian Pollard (45-06.00); **Mens Discus**

4.Khile Francis, (158-08), 8.Mason Gray (136-06);

NOTES: Due to the inclement weather that developed during the Invitational, a number of Womens and Mens track and field events were cancelled.

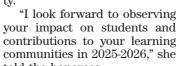
This past Wednesday both Bloomfield track teams were scheduled to face Farmington team.

commitment that define Bloomfield Public Schools. made a profound impact not are incredibly proud to celebrate their achievements and grateful for the inspiration they provide to our entire communi-

told the honorees.

exemplify what it means to inspire, challenge, and support students every step of the way," Grace Martinez, noted Executive Director of the system's Talent school Management & Community Partnerships. "They uplift not only the learners in their care, but also the culture and spirit of our schools. Thank you for your impact, your leadership, and your love for the work. Bloomfield is better because of

These honorees will be formally recognized at the district's Celebration on May 28, 2025.



"These remarkable teachers



meet held in Bloomfield.

The Warhawks Mens teams won 17 out of 19 events in outscoring the Northwest Catholic Mens Lions team 109-21

Meanwhile the Bloomfield Womens team was victorious in 12 out of 16 events in defeating the Northwest Catholic Lions Womens team 90-28.

Last weekend May 9-10 at the 93rd Greater Hartford Invitational held at the Bill Baron Track on the campus of East Hartford High School, the Bloomfield High School Mens Outdoor Track team finished in the Top 25. Tri-kel Delaire finished in the Top 10 in two events. He placed 8th in the Mens 100m and 6th in the Mens The Warhawks Mens 200m. 4X100 relay team finished 8th at

Lori Doll the excellence, compassion, and

vou."

annual Education

Each of these educators has only on their students, but on the culture of their schools. We ty.'

May 16, 2025 **ELDERCARE LAW**

MAY IS OLDER AMERICANS AND MENTAL HEALTH MONTH

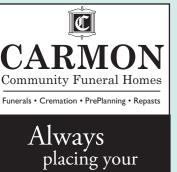


Sponsored by Hank Weatherby Weatherby & Associates, PC 693 Bloomfield Ave., Suite 200 Bloomfield, CT 06002 www.weatherby-associates.com Phone: 888-822-8778

Many people mistakenly believe that depression or anxietv is just a normal part of getting older. This false idea keeps older adults from speaking up or getting the help they need. It's important to make emotional check-ins part of regular care and to understand that mood changes in later life should be taken seriously.

Ageism-treating older people as if they don't matter or can't improve is to blame. This harmful mindset can affect how we speak, make decisions, or design services. Older adults deserve to be respected, included, and seen as experts in their own lives.

There's a common misconception that older adults can't change or don't want to. Many older adults are open to growth and healing. especially after





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Windsor • Poguonock • Granby • Suffield South Windsor • Rockville • Vernon • Avon going through loss or hard times. Using therapies that focus on meaning. purpose, and connection can make a big difference.

Unfortunately; very few therapists and doctors are trained to recognize mental health concerns in older adults. Signs are often missed. We need more education and ongoing training in this area to make sure all ages get the care they deserve.

Mental health symptoms don't always look the same in older adults. Instead of saving they feel sad or anxious, older adults may experience physical complaints which can be clues to deeper emotional struggles. That's why it's so important to ask thoughtful questions and look beyond just the physical symptoms.

Many older people grew up in a time when talking about mental health was considered shameful. They were taught to hide their feelings and "tough it out." We can help break that stigma by creating safe spaces to talk and by showing that asking for help is a sign of strength, not weakness.

Mental health care should be welcoming and respectful of everyone. Older adults come from all kinds of backgrounds, and care needs to reflect that. Services should be inclusive of different cultures, languages, identities, and abilities. Hiring

a diverse staff and offering translated materials can help more people feel understood and supported.

It's important to notice early signs of memory loss or mood changes. Sometimes, what looks like normal aging may be the beginning of dementia-or a treatable mental health condition. Using simple screening tools and helping doctors and mental health professionals work together can lead to early and effective care.

Lastly: we can't ignore the risk of suicide in older adults, especially men over 75. The signs are often quiet-like pulling away or feeling cranky. It's important to ask clear, caring questions and make sure there's follow-up support in place. Taking their feelings seriously can save lives. If you or someone you care about might need some help, the Life Care Planning Law Firm of Weatherby & Associates, PC of can help. Our life care coordinator, a certified care manager, can help you sort out physical and mental health issues, improving your quality of life.

Vist

Dementia & Alzheimer's

- weatherby-associates.com Or, Call our office at
- 860-769-6938

to discover the many ways we can help you and your family.

WINDSOR SENIOR CENTER

Song, Dance, & Romance at the Aquaturf August 12, 2025

Richie Mitnick Presents: Hop on and hear the music through the decades: From Kenny Rogers & Tim McGraw to Dionne Warwick, Dianna Ross, & Roberta Flack you'll enjoy every second of this Powerful tribute to these worldrenowned entertainers. Your ticket includes transportation to the Aquaturf, entertainment, coffee & donuts, a glass of beer or wine, lunch, and door prizes! Lunch is served family style, and you may enjoy Baked Cod Chicken Marsala. Event begins at 11:30 AM and ends at 3:30 PM. Bus from the Senior Center departs at 10:00 AM. Bus returns to the Senior Center after the event. Residents may reserve space on the trip beginning June 30 at 8:00 AM. Windsor Residents is \$60 per person. Non-Windsor residents may reserve their spot beginning June 30 at 8:00 AM. Cost to non-residents is \$65 per person. 860- 285-1992

Coastal Queen Cruise, Newport, RI August 19, 2025 \$170/\$175 Registration is open call 860-285-1992

R.O.M.E.O Club Retired **Old Men Eating Out**

First Monday each month at 9am.

Former and new members

are encouraged to attend to rejuvenate the R.O.M.O. Club. Join fellow retired "old men" to chat, laugh, command solve the world's problems. Coffee will be served. Free. Drop-in.

Coffee Connection

Connect with other seniors over a hot cup of coffee or tea. Monday, Everv Tuesday, Thursday and Friday, 9:00 AM to 11:00 AM, Senior Center Café, Free.

Veteran's Coffee

Held the last Thursday of every month from 8:30 AM to 10:00 AM. Enjoy coffee with other area veterans and share, as well as learn information about veteran's programs and benefits. Free.

Wii Bowling

Bowl using the Nintendo® Wii[™].Is every Tuesday from, 1:00 PM to 2:00 PM, Senior Center Lounge, Free.



A safe place for family caregivers to share experiences and learn from other families also living with Dementia and Alzheimer's disease. LAST TUESDAY OF EVERY MONTH 4:00-5:00pm in the Stonebrook Theater

Please call or email the Group Meeting Contact before attending to verify that the group is still meeting at the time and date listed.

RSVP to Felicia Reynolds at 860-690-7660 or freynolds@stonebrookvillage.com

INDEPENDENT LIVING ASSISTED LIVING MEMORY CARE

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550 Old County Road Windsor Locks, CT 06096

Book a tour today!

FAMILY SUPPORT GROUP

Stonebrook 🔊 Village at Windsor Locks An Everbrook Senior Living Community

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Art & Events

RAGTIME, THE MUSICAL – A SENSATIONAL SUMMER SHOWSTOPPING SHOWCASE!

By Howard Steven Frydman aka "The Howard" **Production:** Ragtime - The Musical Theater: Goodspeed Musicals Music by: Stephen Flaherty Lyrics by: Lynn Ahrens Book by: Terrence McNally **Director:** Christopher D. Betts **Choreographer:** Sara Edward

As they say friends, good, nay- great theater, often times come in threes-outstanding production and costumes, enchanting music and dance, and transcendent performances. Yesiree, a creative triptych is indeed speeding your way as Goodspeed Musicals presents as its premiere 2025 offering, and marking the theater's 200th musical production -"Ragtime-The Musical". "Ragtime The Musical", based on the 1975 novel by E.L. Doctorow, with Music by Stephen Flaherty, lyrics by Lynn Ahrens and is directed by Christopher D. Betts. "Ragtime - The Musical" will run from April 25 - June 15 at The Goodspeed in East Haddam, Connecticut. Heartwarming, Exhilarating, and a production that will have you totally engaged!

Friends- it may not be the official first day of "Summer", (that would be June 21st), but to so many who enjoy musical theater- that first day is tantamount to attending the premiere outing at "Goodspeed Musicals". The Howard so rightly agrees- a sojourn to East Haddam, crossing the click-clack-click "Swing Bridge" over the Connecticut River, singing "Tomorrow" from "Annie", and then either a leisurely picnic lunch on the lawn of the Goodspeed, overlooking the river, or as on my last visit, a most cherished luncheon adventure at the theater's neighbor, the Gelston Houseves a truly divine dining experience. Please note- for many, Goodspeed and Gelston, "G & G" go hand in hand for a Connecticut dinner/theater experience that is truly unforgettable. And Yes- the Gelston, does announce, when its time



Cobrda, Jonathan Jalyn Crosby, Joseph Fierberg, Mia Gerachis, Blair Goldberg, Nathan Haltiwanger, Benjamin H. Moore, Jeremiah Valentino Porter, Rory Shirley, Stephen Tewksbury and Matt Wall. My friends. this current Goodspeed musical is justly Spectacular - in production, content and concept - a true Triptych of joyful theater! Enjoy!!

Ragtime will run April 25th – June 15th, 2025. [Official Press Opening: May 7, 2025.] Curtain times are Wednesday at 2:00 p.m. and 7:30 p.m., Thursday at 7:30 p.m. (with select performances at



to head over for "curtain". I have just enjoyed a delightful "chicken parmigiana' lunch, the "curtain' is "announced" – with tickets in hand, "Ragtime-The Musical" – here I come!!!

"Ragtime - The Musical", had its world premiere in Toronto at the Meridian Arts Centre in 1996 with its Broadway opening taking place in December 1997 at the Ford Center for the Performing Arts. At the 1998 Tony Awards, it received 13 nominations and received Tony's for Best Featured Actress and Original Score, Book and Orchestration. Excitement is indeed in the air -for this May matinee outingthe Goodspeed theater is so alive with chatter-every seat filled with the expectations and excitement of the greatness of "live theater" that is soon to follow. The orchestra, begins their "Ragtime" overture- the lights dim and the Prologue begins. Yes indeed we truly have retreated to a "golden age"- turn of the century America, electricity is being born, the Model T is replacing the horse for transportation, Artic explorers seek the North Pole, Union-busters are rampant, while the Great Escape Artist "Houdini" and the "gal on the swing" Evelyn Nesbitt thrill theater-goers and make "red-letter" headlines. The tears and fears of a nation ever-growing is now upon us.

The opening gathering introduces audience to three diverse "turn of the century" triptychs - Eastern European Immigrants, featuring "Tateh" the Artist-Movie Books and his "daughter", Mother and family -Wealthy white business owners and their fireworks company. and African-Americans, notably pianist Coalhouse Walker, Jr, fiancée Sarah, and his beloved "Model T' and its eventual destruction. Each pursuing that golden ring and their own struggles for equality, justice and eventual change, with their children hopefully coming together like filmmaker

Tateh dreams.

Let me state - Goodspeeds' production of Ragtime is a perfect blending of stage direction by Christopher Betts, a most outstanding performance by Michael Wordly as "Coalhouse" and a glorious ensemble of actors. We give massive applause to "one of the largest casts in "Goodspeed" history, over 29, including: Mamie Parris as Mother, Michael Wordly as Coalhouse Walker Jr., David R. Gordon as "Tateh", Brennyn Lark as Sarah. Edward Watts as Father. Behr Marshall as Younger Brother, Sawyer Delaney as Little Boy, Sofie Nesanelis as Little Girl and Tive Soleil as Coalhouse Walker III. The ensemble features Jordan Alexander, Shaunice Maudlyn, Alexander, Mia Bergstrom, Tommy Betz, Jodi Bluestein, Yophi Adia Bost,

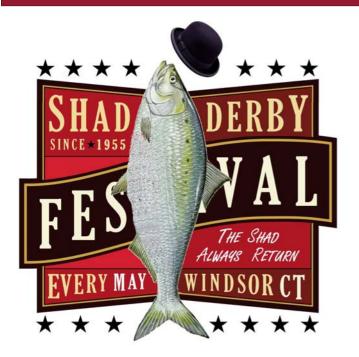
2:00 p.m.), Friday at 8:00 p.m., Saturday at 3:00 p.m. and 8:00 p.m., and Sunday at 2:00 p.m. (with select performances at 6:30 p.m.).

Tickets are available through the Box Office (860.873.8668), open weekdays at 10:00 a.m. and weekends starting April 26 at 11:00 a.m., or online at goodspeed.org. For show highlights, exclusive photos, special events and more, visit us at goodspeed.org and follow us on Facebook, Instagram, YouTube and TikTok.

Howard Steven Frydman aka "The Howard" is General Manager and Executive Director of BATV – Channels 5, 95 & 96 and a member of the CCC. Please feel free to contact Mr. Frydman with your thoughts and ideas at TheHoward24@gmail.com.

Art & Events

SHAD DERBY CELEBRATES 70 YEARS! MAY 17 PROGRAM



Windsor Education Fund, the weekend backpack on wheels program, Team Paragon, Windsor Food and Fuel Bank (Canoe Race), support of the Windsor High School Kiwanis Key Club, the Sage Park Kiwanis Builders Club, the Clover Street School Kiwanis K-Kids Club and the JFK School Kiwanis K-Kids Club.

PARADE

Place: Staging is in the Windsor High School parking lot by the rear entrance

Parking: Sage Park Middle school

Sponsored by the Windsor Jaycees.

Start: 11:30 am

The parade whill reach the Green around 12:00 am

One of the highlights of Shad Derby Day Festivities is the annual Shad Derby Parade that marches through town from the High School to Capen



Street to Broad Street and to an end at the Town Green in Windsor Center.

The parade features many groups including the Windsor High School marching band, the Windsor Fife and Drum Corps, the Shad Derby Monarch and the Royal Court,

the Shad Derby Queen candidates, first responders, school groups, sport groups, scouts, worship groups, and the list goes on

TOWN GREEN EVENTS

The Windsor Town Green is packed with plenty of local entertainment - magicians, games, musicians, and family fun activities for all ages. There are also vendors with lots of goodies for sale. Civic groups and local organizations also have booths to provide information. There is also a beer garden. There is so much packed onto the Windsor Town Green that it is easy to see why thousands of people flock to Windsor every year on the third Saturday in May for Shad Derby Day.

ENTERTAINMENT

Sam Donaldson and Stingravs

MAY 17 PROGRAM

SHAD DERBY FESTIVAL **ON THE GREEN** Saturday, May 17, 2025 11:00 AM - 4:00 PM

Windsor Town Green This event is hosted by the

Windsor Jaycees and the Windsor Shad Fest Bureau.

As the Shad Always Return to Windsor, so do the many local New England civic groups, organizations, businesses, food vendors, crafters, exhibitors, parade participants and live entertainment to the Windsor Shad Derby. Shad Derby Day truly is Windsor's Most Beloved Springtime Tradition!!!

The Shad Derby Festival is a standing Windsor, long Connecticut & New England Tradition. It all began in 1955 with a fishing tournament to raise awareness of the growing pollution of the Connecticut River. In 1966, as the Fishing Derby grew in size a parade and festivities on the Windsor Town Green were added to celebrate & commemorate the Shad Derby while also helping promote the best of Windsor and the local New England area through it's many resources, attractions, businesses and organizations. Currently, over 20 events are associated with the Shad Derby Festival - that always culminates on the third Saturday in May in Windsor.

WALK

10:00 AM

Elm Street & Broad Street (Route 159) intersection in

Sponsored by the Windsor **Kiwanis Club**

REGISTER:

https://k06121.site.kiwanis.org/wi ndsor-kiwanis-50th-annual-roadrace/

Parking: Runners can park in the Geissler's Super Market parking lot located at 318 Broad Street or the parking lot front of Giovanni's in Restaurant located at 158 Broad St.

All of the race proceeds will go towards local organizations and projects including but not limited to the following: SAT Breakfast, Project Graduation, Kiwanis student backpack program, Windsor Police Cadets,



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ROAD RACE & FUN Saturday, May 17, 2025

Windsor center

FIVE STAR REVIEW:

"All stay cooks, aides, maintenance, nurses were excellent. The staff went above their duties."



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• "Prehab" Program and Post-surgical Orthopedic Care

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• Dining Experience - Dietary Services

• Social Services, Care and Discharge Planning

• Therapeutic Recreation Programs